



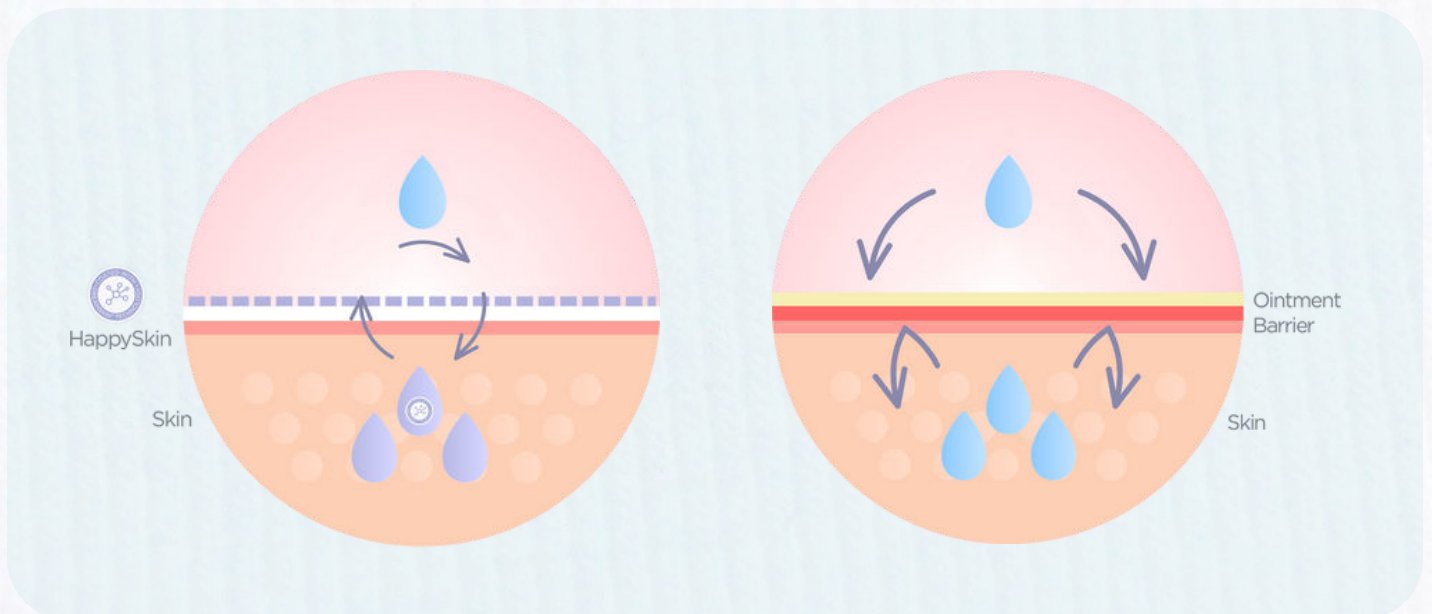
HappySkin®
Coated in DreamSkin® technology

Eczema Care Guide

Follow these steps to make sure you're getting the most from your HappySkin Clothing

Cleaning the Skin

Every cream prescribed by your GP will contain paraffin. These creams will make the skin feel very soft but are designed to form a barrier over the skin to prevent moisture loss. Not only will this stop the DreamSkin technology from reaching the skin as effectively, but it also traps sweat which eventually finds its way to areas of skin with eczema and causes additional irritation, especially at night when your child's body temperature is higher



Bad Ingredients to look out for:

- Paraffins
- Coconut Oil
- Shea Oil
- Petroleum

How we test creams - If you apply the cream to your own skin and it feels thick and greasy and will not absorb into the pores then it is not good for eczema.

The skin can take 5-6 days to clean

Step 1 - Run the Bath

Run a **warm bathe** that is comfortable for your child

Step 2 - Check the Bodywash

Pour **sensitive skin-friendly bodywash** into bath water, never directly on to child's skin. **Avoid bath oils and oil-based emollients.** You must use products that will dilute the paraffin build up blocking the skin pores.

Step 3 - Pat to Dry

After the bath, **pat**, do not rub **the skin dry**, as this leads to further irritation.

Step 4 - Cream

Apply a **small amount of HappySkin approved cream** onto your little ones skin.

Step 5 - HappySkin

Once the **cream is absorbed** and dry to the touch, **dress your little one in HappySkin Clothing**



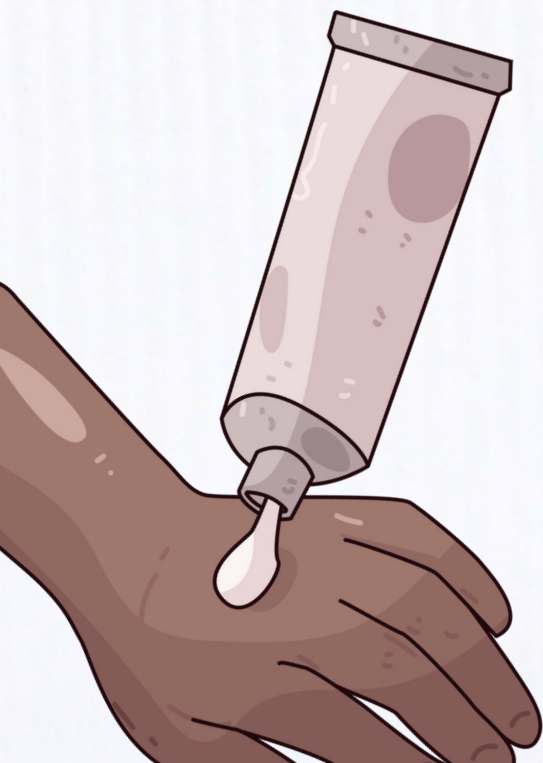
HappySkin Approved Creams

**Rejuvaskin Recovery Cream
(available through the HappySkin
Website)**

CeraVe Moisturising Lotion

**CeraVe Baby Moisturising
Lotion (US Version)**

**Any creams/ ointments
which are not oil based or
contain either paraffin or
petroleum.**



How to Apply Cream

Step 1 - Clean Skin

Please make sure your baby's pores are clear of paraffin-based creams by bathing for 5-6 days in advance of using HappySkin.

Step 2 - Little Cream

Apply a very small amount of paraffin-free moisturising cream to the skin where it looks dry.

Step 3 - Dressing

Allow skin to dry and dress in HappySkin, which should fit snug but not tight

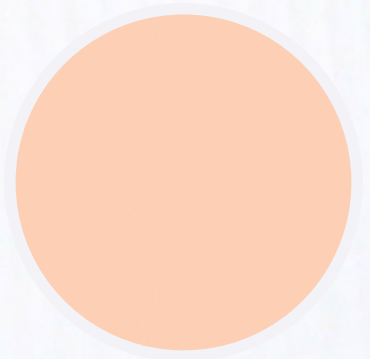
Stages of Healing



Eczema Skin



Dry Scaly



Healed Skin