



# CHRISTMAS CLOTHING

## *Checklist*



### BEFORE BUYING OR CHOOSING AN OUTFIT

- ☐ IS IT COTTON, TENCEL OR SILK
- ☐ DOES IT HAVE SOFT, FLAT SEAMS?
- ☐ ARE LABELS ON THE OUTSIDE OR PRINTED ON THE FABRICS?
- ☐ IS IT DYE-FREE OR LIGHTER COLOR OR FROM A BRAND YOU TRUST?



### AVOID

- ☐ WOOL (UNLESS YOU'VE TESTED IT AND KNOW IT WORKS)
- ☐ POLYESTER, NYLON, OR ACRYLIC (CHECK LABELS FOR ACTUAL %)
- ☐ SCRATCHY DECORATIONS, SEQUINS, OR ROUGH EMBELLISHMENTS AGAINST SKIN



### PACK FOR OUTINGS

- ☐ BACKUP OUTFITS IN A TEST, COMFORTABLE FABRIC
- ☐ MOISTURISER
- ☐ LIGHT COTTON BLANKET OR MUSLIN
- ☐ CHANGE OF CLOTHES FOR THE JOURNEY HOME



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